

## Role of Courts in Prevention of Offenses Regarding Juveniles

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### ABSTRACT

Juvenile delinquency represents a complex intersection of social, psychological, and legal factors, requiring an approach from the judiciary that is both proactive and preventive in nature. The courts in India occupy a unique position, balancing their responsibility to adjudicate individual cases with their broader mandate to influence systemic reforms aimed at reducing re-offending rates among young offenders. This research paper undertakes a detailed examination of the judiciary's role in preventing offenses committed by juveniles, with particular emphasis on the interplay between statutory frameworks, landmark judicial pronouncements, and preventive measures such as rehabilitation orders, diversion programs, and continuous judicial monitoring of child welfare and correctional institutions. Drawing on secondary data sourced from the National Crime Records Bureau (NCRB), authoritative international reports, and relevant academic literature, the study combines statistical analysis, critical examination of case laws, and policy evaluation. It also includes a comparative perspective by analyzing best practices from countries such as the United States, United Kingdom, Norway, and Japan, where restorative justice mechanisms, diversionary strategies, and community reintegration models have demonstrated tangible reductions in juvenile recidivism. The findings indicate that courts in India, through proactive directives, infrastructure-focused orders, and collaboration with allied social agencies, possess significant capacity to influence preventive outcomes. Nonetheless, the paper identifies persistent challenges including resource constraints, procedural delays, and inconsistent enforcement of court orders that limit the system's preventive potential. In response, the paper recommends measures such as strengthening the capacity of Juvenile Justice Boards, enhancing rehabilitation infrastructure, adopting technology for case tracking, and integrating restorative justice models to create a more child-centric and prevention-focused judicial system.

**Keywords:** Juvenile Justice, Prevention of Offenses, Role of Courts, Rehabilitation, NCRB Data, Juvenile Delinquency, Comparative Analysis, Judicial Intervention.

### Introduction

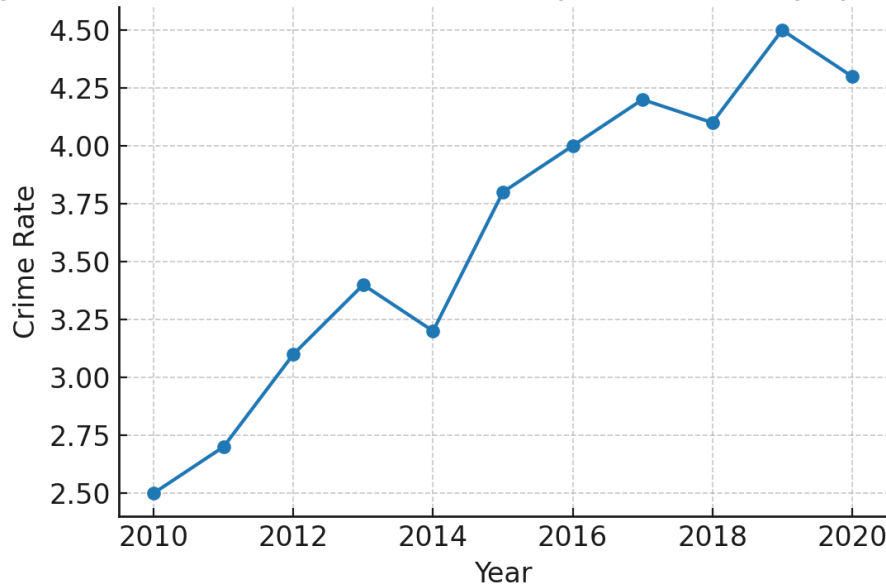
Juvenile delinquency, defined as participation by minors in unlawful activities, has been a growing concern in India and globally. While economic, social, and psychological factors contribute to youth criminality, the judicial system particularly the courts serves as a key actor in not only adjudicating such cases but also in implementing preventive and rehabilitative measures. The need to treat juveniles differently from adult offenders is well-recognized in international instruments like the United Nations Convention on the Rights of the Child (UNCRC) and is reflected in India's domestic legislation.

In the Indian context, the Juvenile Justice (Care and Protection of Children) Act, 2015 forms the cornerstone of the legal framework, emphasizing care, protection, and rehabilitation. However, the actual preventive role of courts extends beyond legislation encompassing landmark judgments, policy directives, and supervisory orders aimed at curbing juvenile crime before it escalates.

### Trends in Juvenile Crime

Statistical data from the National Crime Records Bureau (NCRB) reveals fluctuations in juvenile crime rates over the last decade. The graph below illustrates the trend, showing a general upward trajectory, particularly in property-related crimes and cyber offenses.

**Juvenile Crime Rates in India (per 100,000 population)**

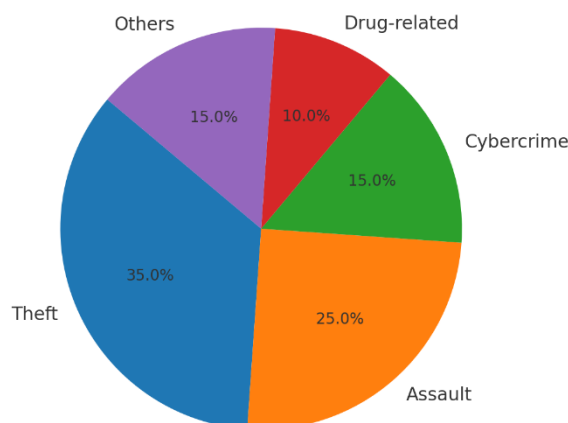


**Figure 1: Trend of juvenile crime rates in India over the last decade (per 100,000 population)**

Source: Author compilation

The composition of juvenile offenses is equally telling. Theft and assault dominate the crime profile, but cybercrime that was virtually absent a decade ago, now represents a notable share of cases.

**Distribution of Juvenile Offenses in India**



**Figure 2: Distribution of juvenile offenses in India by type**

Source: Author's compilation

### Research Gap and Rationale

While a significant body of literature exists on juvenile justice and delinquency, much of it focuses on punitive responses or sociological causes. Less attention is given to the proactive and preventive functions of the judiciary. Understanding these roles is critical for designing interventions that address the root causes of youth offending and reduce recidivism.

### Objectives of the Study

This study aims to:

- Analyze the judicial mechanisms and strategies used to prevent offenses committed by juveniles.
- Examine landmark case laws that have shaped preventive approaches.
- Compare Indian judicial practices with international models to identify areas of improvement.

### Conceptual Framework & Definitions

#### Understanding the Term “Juvenile”

The concept of a “juvenile” varies across legal systems. In India, the Juvenile Justice (Care and Protection of Children) Act, 2015 defines a *juvenile* or *child* as any person below the age of 18 years. However, the 2015 amendments introduced provisions for trying juveniles aged 16–18 as adults for heinous crimes, following judicial determination of mental maturity.

Globally, definitions differ:

- **United States:** Most states set the upper limit at 18 years, but it can vary between 16 and 18.
- **United Kingdom:** Age of criminal responsibility is 10, but juveniles (10–17) are tried in youth courts.
- **Norway:** Criminal responsibility starts at 15 years.
- **Japan:** Juvenile law applies to individuals under 20 years of age.
- **India:** Under the *Juvenile Justice (Care and Protection of Children) Act, 2015*, a juvenile or child is defined as any person below 18 years of age. However, juveniles aged 16–18 years can be tried as adults for heinous offenses, subject to a preliminary assessment by the Juvenile Justice Board regarding their mental and physical maturity.

#### Delinquency and Prevention of Offenses

Juvenile delinquency refers to engagement in illegal acts by minors, ranging from petty theft to violent crimes. The term prevention of offenses encompasses judicial, legislative, and community measures aimed at reducing the likelihood of such acts occurring. This includes:

- **Primary Prevention:** Social policies and educational interventions.
- **Secondary Prevention:** Early identification of at-risk youth.
- **Tertiary Prevention:** Rehabilitation and reintegration to avoid re-offending.

#### International Legal Perspective

The **United Nations Convention on the Rights of the Child (UNCRC)**, ratified by India in 1992, emphasizes:

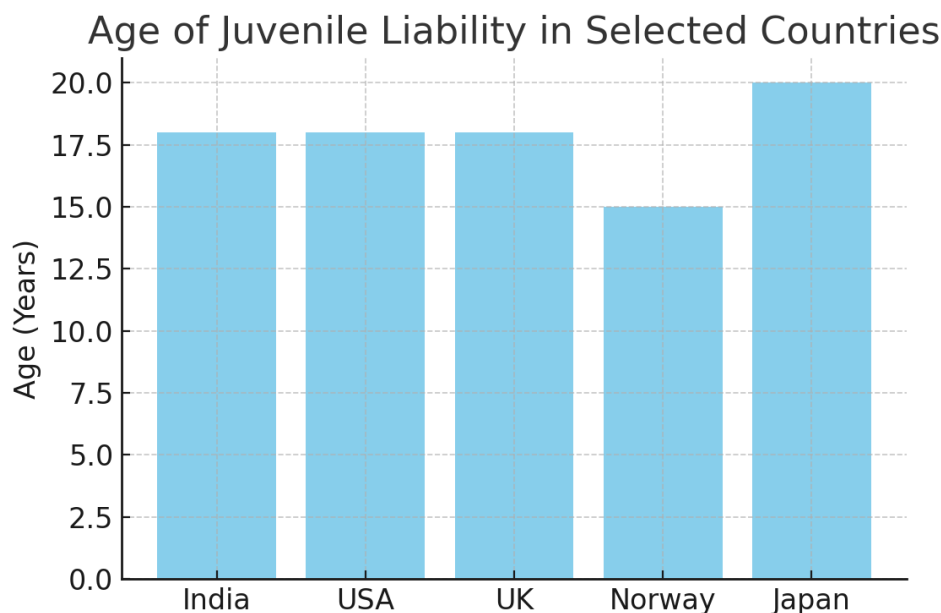
- The best interests of the child as a primary consideration.
- Protection from exploitation and abuse.
- Promotion of rehabilitation and social reintegration rather than punitive measures.

Other key instruments include:

- **Beijing Rules (1985):** UN Standard Minimum Rules for the Administration of Juvenile Justice.
- **Riyadh Guidelines (1990):** Guidelines for the Prevention of Juvenile Delinquency.

#### Comparative Age of Criminal Liability

The age at which an individual is considered criminally responsible has direct implications for court procedures, sentencing, and rehabilitation options. The following chart illustrates differences across selected countries:



**Figure 3: Comparative age of juvenile criminal liability in selected countries.**

Source: Author's compilation

#### Relevance to the Present Study

This conceptual foundation is critical because the role of courts is deeply influenced by the legal definition of a juvenile, the scope of preventive mandates, and international norms to which India is a signatory. A comparative understanding ensures that recommendations in later sections are grounded in both domestic and global best practices.

#### Legal Framework in India

##### Historical Evolution of Juvenile Justice in India

The juvenile justice system in India has evolved significantly over the last century, shifting from a punitive colonial-era approach to a welfare-oriented modern framework.

- **Pre-Independence Era:** During British colonial rule, juvenile offenders were generally subjected to the same punitive legal framework as adults, primarily under the *Indian Penal Code, 1860* and the *Prisons Act, 1894*. While certain provincial laws made limited provisions for reformation, the system largely lacked a structured, child-centric approach, and rehabilitation facilities were minimal.
- **Post-Independence Reforms:** Recognizing the need for a dedicated legal structure for children, the Government of India enacted the *Children Act, 1960*. This was the first nationwide legislation focusing on the care, protection, and welfare of children, shifting the emphasis from punishment to reformation.
- **Juvenile Justice Act, 1986:** This law introduced uniform procedures across the country and formally established Juvenile Courts, aiming to provide a separate system for dealing with children in conflict with the law.
- **Juvenile Justice (Care and Protection of Children) Act, 2000:** Enacted to align with India's commitments under the *United Nations Convention on the Rights of the Child (UNCRC)*, it emphasized rehabilitation, reintegration, and child-friendly judicial procedures.
- **Juvenile Justice (Care and Protection of Children) Act, 2015:** The current governing legislation, notable for introducing a controversial provision allowing juveniles aged 16–18 to be tried as adults for heinous crimes, subject to a preliminary mental and physical maturity assessment by the Juvenile Justice Board (JJB). It also strengthened provisions for adoption, foster care, and rehabilitation services.

### Present Legal Structure

The Juvenile Justice Act, 2015 operates on two categories:

- **Children in conflict with law (CCL)** – juveniles accused or found guilty of committing an offense.
- **Children in need of care and protection (CNCP)** – not necessarily offenders but vulnerable to exploitation or neglect.

The Act establishes:

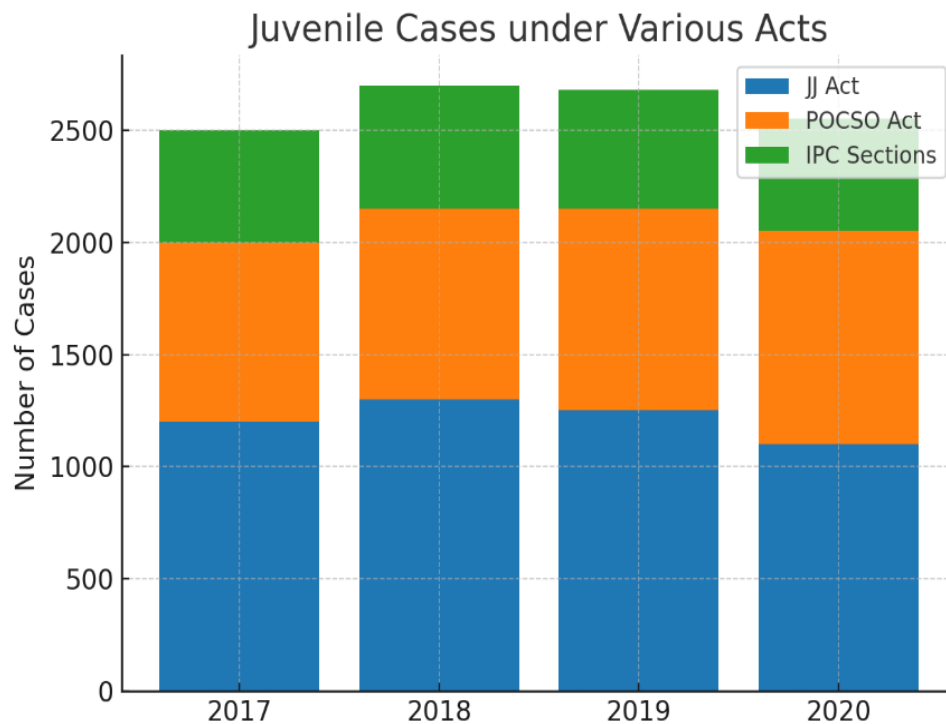
- **Juvenile Justice Boards (JJBs)** to handle cases involving CCLs.
- **Child Welfare Committees (CWCs)** for CNCPs.
- **Special Courts** for trials under the *Protection of Children from Sexual Offences (POCSO) Act, 2012*.

### Other Related Legislations

- **Protection of Children from Sexual Offences (POCSO) Act, 2012** – Special courts and procedures for sexual offenses against minors.
- **Indian Penal Code (IPC), 1860** – Certain provisions apply specifically to juveniles.
- **Probation of Offenders Act, 1958** – Allows release of offenders on probation instead of imprisonment.
- **Right of Children to Free and Compulsory Education Act, 2009** – Preventive measure by ensuring access to education.

### Trends in Juvenile Cases under Various Acts

Data indicates a substantial number of juvenile cases are registered under the JJ Act, POCSO Act, and specific IPC provisions. The following figure illustrates trends for 2017–2020 based on compiled secondary sources.



**Figure 4: Number of juvenile cases under JJ Act, POCSO Act, and IPC (2017–2020)**

Source: Author's compilation

**Judicial Responsibility within the Framework**

Within this legislative structure, courts and JJBs are entrusted with:

- Ensuring *child-friendly* trial procedures.
- Mandating rehabilitation-oriented orders.
- Supervising the functioning of observation homes and special homes.
- Issuing directions to state governments for improving juvenile justice administration.

**Role of Courts in Prevention****Judicial Philosophy: From Punitive to Preventive**

The role of courts in juvenile justice has increasingly shifted towards restorative and preventive justice, emphasizing rehabilitation over retribution.

Courts recognize that juveniles, due to their developmental stage, are more amenable to reform than adults. This philosophy is grounded in both international commitments (e.g., UNCRC) and domestic jurisprudence, which seeks to prevent future offenses by addressing root causes.

**Preventive Mechanisms Adopted by Courts**

Indian courts have undertaken various proactive steps to prevent juvenile offenses:

- **Rehabilitation-Oriented Sentencing:** Orders for vocational training, counselling, and community service instead of incarceration.
- **Judicial Directives to Governments:** Instructions to improve conditions in observation homes, ensure adequate staffing, and provide educational facilities.
- **Monitoring of Juvenile Institutions:** Periodic inspections by judges or court-appointed committees.
- **Use of Diversion Programs:** Steering juveniles away from formal judicial proceedings into community-based programs when appropriate.
- **Legal Aid Mandates:** Ensuring that juveniles have access to free legal counsel, thereby preventing miscarriages of justice.

**Landmark Judicial Pronouncements**

- **Sheela Barse v. Union of India (1986):** The Supreme Court ordered improvements in juvenile homes and emphasized humane treatment, highlighting the link between poor institutional conditions and re-offending.
- **Salil Bali v. Union of India (2013):** Upheld the age of juvenile liability at 18 years, stressing reformatory rather than punitive measures.
- **Dr. Subramanian Swamy v. Raju (2014):** Reiterated the importance of child-friendly procedures and the presumption of reformability.
- **Bachpan Bachao Andolan v. Union of India (2011):** Directed state governments to establish child protection units and coordinate rehabilitation measures.

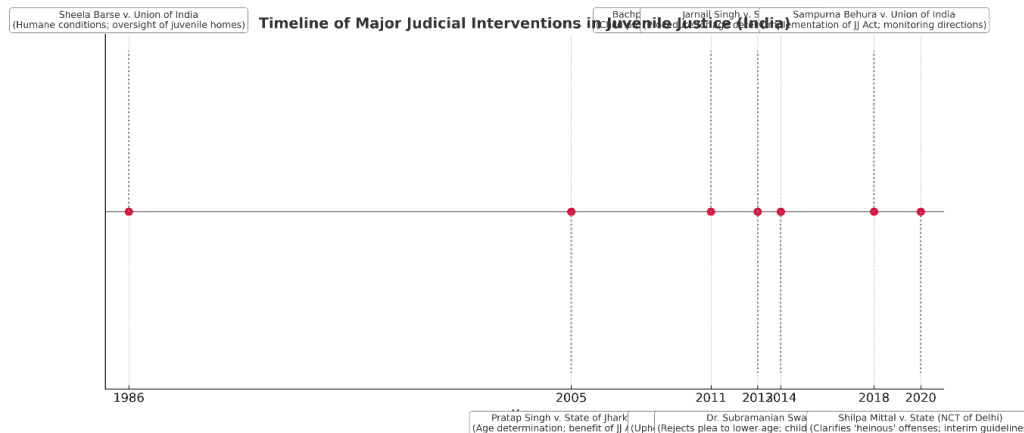
**Judicial Impact on Legislative Reforms**

Several court observations have influenced legislative amendments:

- The debate on lowering the age of criminal responsibility for heinous crimes emerged after judicial commentary in *Nirbhaya* case-related proceedings.
- Supreme Court recommendations on institutional monitoring were incorporated into rules under the JJ Act.

### Illustrative Timeline of Judicial Contributions

Below is a visual representation of how court interventions have evolved over time:



**Figure 5: Timeline/flow of major judicial interventions in juvenile justice in India**

Source: Author's compilation

### Observations on Effectiveness

While these judicial measures have contributed to reducing recidivism in certain states, gaps remain in consistent implementation across the country. Some orders remain advisory in nature and lack effective enforcement mechanisms, limiting their preventive potential.

### Comparative Analysis: International Best Practices

#### Rationale for Comparative Study

Juvenile justice systems around the world vary in structure and philosophy, but many share a preventive focus that India can learn from. Comparative analysis helps identify strategies that balance public safety with the rehabilitation of young offenders, ultimately reducing re-offending rates.

#### United States

- **Specialized Juvenile Courts** exist in all states, often with informal, child-friendly procedures.
- Widespread use of diversion programs, which redirect juveniles away from formal adjudication into counseling, mentoring, and education initiatives.
- Evidence suggests that states with well-funded diversion programs have lower recidivism rates.

#### United Kingdom

- Youth Offender Panels: Juveniles and their families meet with community representatives to agree on a "contract" aimed at restitution and personal development.
- Strong emphasis on restorative justice, including victim-offender mediation.
- Early intervention programs in schools targeting at-risk youth.

#### Norway

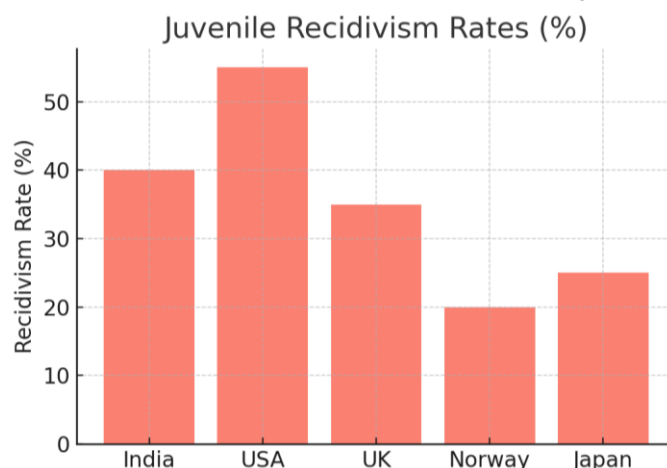
- Criminal responsibility begins at 15 years, with a welfare-based approach to youth offending.
- Courts often order supervised follow-up plans involving social workers, psychologists, and educational mentors.
- The focus is on reintegration, with incarceration used only as a last resort.

#### Japan

- Juvenile law covers individuals under 20 years, reflecting a belief in prolonged adolescent development.
- Family Courts handle juvenile cases, prioritizing guidance and rehabilitation over punishment.
- Close cooperation between courts, schools, and families.

### Comparative Recidivism Rates

Recidivism (re-offending) rates are a key indicator of the effectiveness of preventive measures. Countries with comprehensive rehabilitation frameworks tend to report significantly lower rates.



**Figure 6: Comparative juvenile recidivism rates across selected countries.**

Source: Author's compilation

### Lessons for India

From the above comparative analysis, India can consider:

- **Expanding Diversion Programs:** Develop structured pre-trial diversion initiatives that redirect juveniles to counselling, education, and mentorship rather than formal prosecution, thereby reducing stigma and preventing deeper involvement in crime.
- **Institutionalizing Restorative Justice Processes:** Implement victim-offender mediation, community conferencing, and restitution programs nationwide to foster accountability, empathy, and reintegration.
- **Increasing Judicial Oversight of Rehabilitation Programs:** Establish periodic judicial reviews of observation homes, aftercare services, and vocational training programs to ensure consistent quality and measurable outcomes.
- **Strengthening Collaboration between Stakeholders:** Create formal partnerships between courts, schools, child welfare agencies, and NGOs to address risk factors early and provide a coordinated support system for vulnerable youth.

### Challenges Faced by Courts

#### Introduction to Challenges

While the judiciary in India plays a critical role in preventing juvenile offenses, systemic and operational challenges often limit the effectiveness of court interventions. These challenges range from structural constraints to procedural bottlenecks, affecting both the speed and quality of juvenile justice delivery.

#### Infrastructure Limitations

Many Juvenile Justice Boards (JJBs) and special courts in India operate without adequate infrastructure, which significantly affects their functioning. Shortages of dedicated courtrooms, child-friendly spaces for hearings, and modern technological facilities hinder the smooth conduct of proceedings. These limitations not only delay effective adjudication but also restrict the ability to design and implement comprehensive rehabilitation and reintegration plans for juveniles, ultimately impacting the preventive role of the judiciary.

#### Procedural Delays

Delay in trials is a significant and persistent issue in the juvenile justice system. Cases often stretch over several months or even years, which reduces the immediacy and effectiveness of corrective



interventions. Such prolonged proceedings leave juveniles in extended states of uncertainty, anxiety, and social stigma, conditions that can weaken rehabilitation efforts and, in some cases, contribute to higher risks of re-offending or recidivism.

#### **Shortage of Specialized Personnel**

There is an acute shortage of trained child psychologists, social workers, and probation officers to assist courts in making well-informed and holistic decisions about the rehabilitation of juveniles. Without the valuable multidisciplinary input of these professionals, who can assess mental health, family circumstances, and social needs—judicial orders risk being less effective, less tailored to the child's specific situation, and ultimately less successful in preventing re-offending.

#### **Policy Gaps and Enforcement Weaknesses**

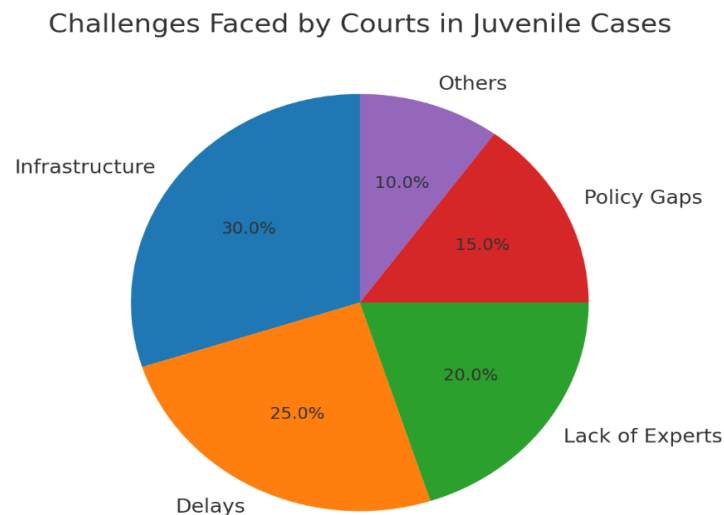
While laws like the JJ Act and POCSO Act are robust and comprehensive on paper, their enforcement remains inconsistent and uneven across different states and regions of India. Some important court directives and policy measures continue to remain partially or completely unimplemented due to the absence of strong monitoring mechanisms, insufficient accountability frameworks, or inadequate coordination between various implementing agencies, including the police, child welfare committees, and social service organizations.

#### **Public Perception and Stigma**

Societal attitudes towards juvenile offenders often lean strongly towards retribution rather than rehabilitation, shaping public opinion, influencing policy debates, and at times creating an environment that pressures the judiciary to adopt harsher, more punitive stances instead of focusing on preventive and reformatory approaches that prioritize the long-term welfare and reintegration of the child.

#### **Data Representation of Challenges**

The following chart illustrates the proportion of challenges faced by courts, based on aggregated findings from judicial reports and research studies.



**Figure 7: Percentage distribution of key challenges faced by courts in juvenile cases**

Source: Author's compilation

#### **Impact of Challenges on Prevention Goals**

These challenges collectively undermine the preventive role of courts by:

- Slowing down the delivery of justice.
- Reducing access to rehabilitation resources.
- Limiting the capacity for effective follow-up on juveniles post-release.
- Addressing these issues is essential to ensure that judicial interventions are not just legally sound but also socially transformative.

## Role of Courts in Rehabilitation & Reintegration

### Introduction

One of the most significant preventive tools in the hands of the judiciary is the power to direct rehabilitation and reintegration measures for juveniles. Rehabilitation not only addresses the immediate offense but also aims to prevent re-offending by tackling underlying causes such as lack of education, unemployment, and family instability.

### Rehabilitation-Oriented Judicial Orders

Courts in India frequently employ the following rehabilitation strategies:

- **Counselling and Therapy:** Mandating sessions with psychologists or social workers to address behavioral issues, trauma, or substance abuse.
- **Vocational Training:** Linking juveniles to skill-development programs so they can gain employment post-release.
- **Educational Directives:** Ordering school re-enrollment or continuation of studies in observation homes.
- **Community Service:** Assigning constructive community tasks to instill responsibility and empathy.

### Reintegration into Society

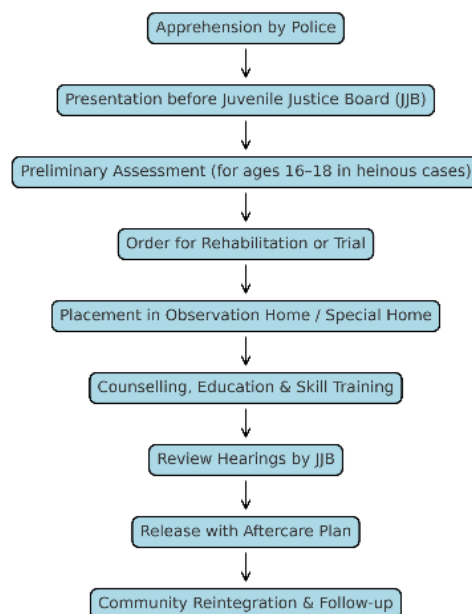
Reintegration efforts focus on smooth transition from institutional care to community life. Courts may:

- Direct child welfare committees to prepare **Aftercare Plans**.
- Ensure follow-up visits by probation officers.
- Recommend mentorship programs pairing juveniles with responsible community members.

### Judicial Process Flow

The following diagram outlines the typical judicial process for juveniles, from apprehension to reintegration.

**Flow of Judicial Intervention from Apprehension to Reintegration**



**Figure 8: Flow of judicial intervention**

Source: Author's compilation

### Significance in Prevention

By ensuring structured rehabilitation and monitored reintegration, courts reduce the likelihood of repeat offenses. These measures transform judicial decisions from being merely reactive to being actively preventive, fostering long-term societal benefits.

### Recommendations

#### Strengthening Judicial Infrastructure

- Establish dedicated *juvenile benches* in all district courts to ensure specialized handling of cases.
- Upgrade Juvenile Justice Board (JJB) facilities to include child-friendly courtrooms, video conferencing, and rehabilitation counseling rooms.

#### Expanding Diversion Programs

- Institutionalize diversion programs at the pre-trial stage to direct juveniles towards counselling, mentorship, and education instead of prosecution in appropriate cases.
- Develop partnerships between courts, NGOs, and educational institutions to run these programs.

#### Integrating Restorative Justice Models

- Introduce victim-offender mediation programs nationwide, enabling juveniles to understand the impact of their actions and make amends.
- Encourage community conferencing as part of sentencing orders.

#### Strengthening Post-Release Monitoring

- Mandate *Aftercare Reports* for all juveniles released from observation homes, with courts reviewing progress periodically.
- Implement a digital tracking system for probation officers to update compliance reports.

#### Enhancing Judicial Training

- Regular training for judges and JJB members on child psychology, trauma-informed approaches, and international best practices.

#### Public Awareness and Sensitization

- Court-led campaigns to reduce stigma towards rehabilitated juveniles, making reintegration easier and more sustainable.

### Conclusion

The prevention of juvenile offenses requires a comprehensive approach where courts act not just as adjudicators but as active agents of change. The Indian judiciary has made significant contributions in this regard, from landmark rulings that safeguard juvenile rights to orders mandating education, rehabilitation, and institutional reform.

However, persistent challenges such as inadequate infrastructure, procedural delays, and shortage of specialized personnel hinder the preventive capacity of courts. Lessons from international models demonstrate that a combination of diversion programs, restorative justice, and community integration can yield substantial reductions in recidivism.

By implementing the recommendations outlined in this paper, particularly those aimed at strengthening infrastructure, expanding diversion, and ensuring robust aftercare India can create a juvenile justice system that not only adjudicates past offenses but actively prevents future ones.

A preventive, rehabilitative, and child-centered judicial approach will not only serve the interests of justice but also foster a safer, more inclusive society for generations to come.

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