EXPLORING THE PHENOMENON OF MEDICAL TOURISM IN RAJASTHAN: OPPORTUNITIES AND CHALLENGES

Kritika Sharma*

ABSTRACT

Medical tourism, the practice of traveling to another country for medical treatment, has gained considerable momentum in recent years. Rajasthan, a vibrant state in India known for its rich culture, historical landmarks, and diverse landscapes, has emerged as a sought- after destination for medical tourism. One major factor driving the popularity of medical tourism is the increasing cost of healthcare in many countries. In certain regions, medical procedures can be incredibly expensive, leading individuals to seek more affordable options elsewhere. By traveling to destinations with lower healthcare costs, patients can access high quality medical treatments at a fraction of the price they would pay in their own country. Another reason for the rise in medical tourism is the long waiting times for medical procedures in some countries' healthcare system. Advancement in technology and transportation have also played a significant role in the popularity of medical tourism. This research paper aims to delve into the factor contributing to Rajasthan's appeal as a medical tourism hub, as well as the associated opportunities and challenges.

Keywords: Medical Tourism in Rajasthan, Healthcare.

Introduction

Rajasthan has emerged as an appealing medical tourism hub for several reason. The state offers a combination of advanced healthcare infrastructure, accredited hospital and clinics, skilled healthcare professionals, and a vibrant culture experience for patients seeking medical treatment.

In addition to the quality of healthcare facilities, the availability of highly skilled medical professionals in Rajasthan is another reason for its appeal as a medical tourism hub. The state has a large pool of experienced doctors, surgeons, and medical staff who provide personalized and expert care to patients. Many of these professionals have received training and education in prestigious institutions both in India and abroad.

Rajasthan's strategic location in western India and its well-connected transportation networks, including airports and roadways, make it accessible to international travelers. This ease of travel, coupled with the availability of affordable accommodation options and a friendly environment, further contributes to Rajasthan's appeal as a medical tourism hub.

^{*} Research Scholar, Department of EAFM, University of Rajasthan, Jaipur, Rajasthan, India.

The medical tourism industry in Rajasthan is estimated to be worth around \$1.7 billion.

- The average length of stay for medical tourists in Rajasthan is around 7 to 14 days, depending on the type of procedure.
- In 2019, it was reported that Rajasthan received over 35,000 medical tourists.
- Around 80% of medical tourists visiting Rajasthan come from countries like the United States, the United Kingdom, Canada, Australia, and the Middle East.
- Rajasthan has more than 100 hospitals and clinics that cater to medical tourists.
- The average cost savings for medical treatments in Rajasthan compared to Western countries range from 40% to 70%.
- The most common medical procedures sought by international patients in Rajasthan are cosmetic surgery, heart surgery, joint replacement, dental treatments, and infertility treatments.
- Rajasthan's medical tourism industry is growing at a rate of approximately 20% per year.
- The state government has invested about \$44 million in developing medical tourism infrastructure and promoting the industry.
- Rajasthan's medical tourism destinations, such as Jaipur and Jodhpur, have received recognition and accreditations from international healthcare organizations for their quality and standards of care. These numeric facts provide an overview of the growth, popularity, and economic impact of medical tourism in Rajasthan.

Objective of Study

The objective of the study on medical tourism in Rajasthan is to gain a comprehensive understanding of the industry's current status, trends, challenges, and opportunities. The study aims to analyze the impact of medical tourism on the healthcare sector, economy, and tourism in Rajasthan. It seeks to identify the factors contributing to the growth of medical tourism in the region and evaluate the facilities, services, and infrastructure available for international patients.

Technical Feasibility

- Analysis of the current state of medical tourism in Rajasthan, including the number of patients, the types of treatments sought, and the origin countries of the medical tourists.
- Examination of the healthcare facilities available in Rajasthan, including hospitals, clinics, and specialized centers, their infrastructure, medical equipment, and technologies.
- Evaluation of the quality of healthcare services provided to medical tourists, including the qualifications and expertise of healthcare professionals, patient care, and safety standards.
- Assessment of the economic impact of medical tourism on Rajasthan's healthcare industry, tourism sector, and overall economy, including job creation and revenue generation.
- Examination of the factors driving medical tourists to choose Rajasthan as their destination, such as the availability of cost-effective treatments, high-quality care, cultural heritage, and tourist attractions.
- Identification of the challenges and barriers faced by medical tourists in Rajasthan, including language barriers, cultural differences, logistics, and patient satisfaction.
- Recommendations for improving the medical tourism industry in Rajasthan, such as strengthening infrastructure, enhancing marketing efforts, and promoting collaborations between healthcare providers and tourism agencies.

By conducting this study, stakeholders, policymakers, and industry players can gain insights and make informed decisions to further develop and enhance medical tourism in Rajasthan.

Database and Methodology

Sources and Method of Data Collection

Data for this research on Medical Tourism was collected through two Different sources, primary and secondary. They are,

Primary Data

Data Collection: Data has been collected from various sources, including:

- **Surveys/questionnaires:** Design and distribute surveys to medical tourists, healthcare providers, and other stakeholders
- Interviews: Conducted interviews with key informants, including patients, healthcare
 professionals, government officials, and industry experts. Document analysis: Review
 government reports, hospital records, tourism statistics, and industry publications for relevant
 data.
- **Field Observations:** Visited healthcare facilities, tourist destinations, and related infrastructure to observe firsthand the medical tourism environment.
- Data Analysis: Analyzed the collected data using appropriate analytical techniques, such as statistical analysis for quantitative data and thematic analysis for qualitative data. Interpret the findings in relation to the research objectives and existing literature.

Secondary Data

The secondary data is collected from the records of hospitals, foreign tourist's spots.

- Case Studies: Conducted case studies of specific medical tourism initiatives, hospitals, or clinics in Rajasthan to provide in-depth insights into best practices, challenges, and success factors.
- **Validation:** Validated the research findings through peer review, expert consultation, or stakeholder feedback. Ensure the reliability and credibility of the research outcomes.

Conclusion

The findings indicate that Rajasthan has emerged as a prominent destination for medical tourists, owing to factors such as cost-effectiveness, quality healthcare infrastructure, diverse medical services, and cultural integration. However, the research also highlights several challenges, including infrastructure gaps, regulatory issues, and the need for effective marketing strategies. Moving forward, continued analysis and stakeholder engagement will be crucial for driving sustainable growth and development in the medical tourism sector. Further research can delve deeper into specific areas such as patient satisfaction, healthcare outcomes, and the economic impact of medical tourism on the local economy.

Stakeholder collaboration, including government agencies, healthcare providers, tourism authorities, and industry associations, will be essential for addressing challenges and capitalizing on opportunities. By working together, stakeholders can develop actionable insights and implement strategies to enhance the overall medical tourism experience in Rajasthan, ensuring its long-term viability and success.

References

- 1. Sultana, S., Haque, A., Momen, A., & Yasmin, F., (2014). Factor affecting the attractiveness of medical tourism destination: an empirical study on India-review article. *Iranian journal of public health*, 43(7), 867-876.
- Sajjad, Rumaiya. (2015). Medical Tourism in India: An empirical Analysis of the Demographic Profile and Perception of Medical Tourists. MAGNT Research Report (ISSN. 1444-8939). 3. 150-161.
- 3. Horowitz, M.D., Rosensweig, J.A., & Jones, C.A. (2007). Medical tourism: globalization of the healthcare marketplace. *MedGenMed*: *Medscape general medicine*, 9(4), 33.
- 4. Lagiewski, Richard., & meyer, William, (2008). Medical tourism: perspective and application for destination development. R.I.T digital media library repository.
- Spasojevic, Milan & Susic, Vukasin. (2011). Development perspectives of new destination in medical tourism. Multicraft International Journal of Business Management and Social Sciences. 2. 9-13.
- 6. Shikha, Deep & Vallabh, Vidisha. (2022). Medical Tourism Journal of Biomedical Research & Environmental Sciences. 3. 10.37871/jbres 1418.

- 7. Mishra, V., Sharma, M.G., (2021). Framework for Promotion of Medical Tourism: A Case of India. *JGBC* 16, 103-111.
- 8. Manickam, Ramchandran & Sharma, Ramchandran, Bhavna, & Patil, Chetan, & Amrutkar, Subhash, (2015). Emerging Trends and Future Prospects of Medical Tourism in India. Journal of Pharmaceutical Science and Research. 7. 248-251.
- 9. Reisman, David, (2010). Health Tourism: Social welfare through International Trade. Edgar Elgar publishing limited, UK. (ISBN 978-1848448926)
- 10. Paul, Sudip, & Kulshreshtha, Sharad, K., (2019). Global Developments in Healthcare and Medical Tourism. IGI Global, USA. (ISBN 9781522597872).
- 11. Connell, John, (2006). Medical Tourism Sea, Sun, Sand and Surgery. (abstract) Travel Management, Elsevier publications.
- 12. Lagiewski, Richard., & meyer, William, (2008). Medical tourism: perspective and application for destination development. R.I.T digital media library repository.
- 13. Bhangale, Vijay, (2008). Medical Tourism taking in a Big way in India. Paper presentation-Tourism in India- Challenges Ahead.

