

FOSTERING SOCIAL CHANGES TRANSFORMS THE MODERN INCLUSIVE SOCIETY FROM SOCIAL EXCLUSION TO SOCIAL INCLUSION

Fr. Baiju Thomas*

ABSTRACT

The contemporary study fosters social changes (SC) and transforms the modern, inclusive society (IS) from social exclusion (SE) to social inclusion (SI). SE is a common strategy used in the community to prevent people away from one another in social networking and group activities. SE can be influenced by various factors, including age, gender preference, infirmity, unemployment, poverty, socioeconomic status, place of residence, and other situations that regularly overlap, converge, and vary over time. Caste, religion, ethnicity, language, and different cultural identities might also be important. SE affects both the excluded individuals and society as a whole. SE in social settings can be deliberate or institutional, impersonal or casual. In any case, it makes it harder for someone to carry out their social responsibilities. Social isolation does not always end with inclusion in society. This paper takes a sociological approach to look at the idea of SI. To see how the SI idea has changed throughout time. It contends that these inclusionary or exclusionary policies' repressive or liberating results have a great impact on society as a whole as the dominant force. The concept of transformation is incredibly broad. Even if the change is constant, almost all of it can be classified as social change. In an IS, people of all kinds are allowed and encouraged to participate in the political, social, economic, and civic activities that shape the structure of the society.

Keywords: *Fostering, Social Changes, Transformation, Modern, Inclusive Society, Social Exclusion, Social Inclusion.*

Introduction

We are citizens of this country and people involved in this society; we go about our days as part of a social group that exerts pressure on and is exerted force by its members; we feel social pressure from all directions and push back against it; we are constricted in our actions and work to eliminate those restrictions; we rely on the support of others whom we cannot survive without; we look out for our own best interests while also trying to advocate for the best interests of others, and we are constantly balancing these competing demands. In a nutshell, we must adjust to a world made without us (Gumpłowicz, 1963). To comprehend the concept of social exclusion, evidence from the social sciences is required. Its impact is seen in all aspects of people's lives, not just politics and economics. Something is success in one instance is no assurance of future success. That accords with data gathered from natural settings. Measures of social and communal exclusion have a low relationship with economic measures of exclusion (such as poverty or deprivation) in various conceptual frameworks of global inequality (Pantazis, Gordon, and Levitas, 2006). Since SI is a diverse problem, any scientific paper can

* Research Scholar, Ramakrishna Mission Vivekananda Educational and Research Institute, Faculty of Disability Management and Special Education, Vidyalaya Campus, SRKV Post, Coimbatore, Tamil Nadu, India.

adequately evaluate how the social economy could improve SI locally. Many elements of a people's life change as societies progress. In many nations, the last few years have seen an extraordinary transformation that has resulted in far-reaching implications for areas as diverse as the economy, social values, and the media environment. It has been brought about as an outcome of a convergence of factors, including technological advances, educational ideology modifications, and social changes. Human rights and basic freedoms, religious and cultural diversity, care for the poor and the disadvantaged, political involvement, the rule of law, and the involvement of all citizens are all necessary components of a equitable and inclusive society.

The Notion of Social Exclusion

Exclusion is a social process that prevents a person from accessing anything, whether a group, a resource, or a body of knowledge. Physical distance can be used as a relationship test. Thus, society does affect, although an unexpected one, the natural world (Silver, H., & Miller, S. M., 2003). Social Exclusion and marginalized force individuals to the margins of society, where they face disadvantages and face increased danger. Initially coined in late 20th century France, the word rapidly spread throughout Europe (Silver, Hilary, 1994). People and entire communities suffer when SE prevents them from participating in their area's political, social, and economic growth on an equal footing (Young, I. M., 2000). SE occurs when a person is cut off from participating in general society due to age, gender, race, ethnicity, culture, language, socioeconomic status, or other distinguishing features. Neglect or isolation from the larger community can lead to feelings of alienation and marginalization, contributing to social exclusion. Freedoms such as voting, holding public office, and owning property may be curtailed. When marginalized people feel endangered, they sometimes respond with protests, campaigns, and other forms of opposition (Walsh, T, 2006). One of the numerous factors that contribute to people being left out of social groups is a lack of stable employment and income. Therefore, improving access so do certainly lead to greater social inclusion.

The Meaning of Social Isolation

The word "Social Isolation" has significant sociological meaning but can be interpreted in several ways. Isolation and separation from important people, such as friends, family, and neighbours, can lead to social isolation. The academic data offered by many scholars studying social isolation is not unanimous, despite broad agreement across many conceptual approaches. Moreover, a city's political situation and economy need to be examined impartially, or its social ties need to be reinforced. It is commonly understood that the dangers associated with social isolation must be addressed. Recent studies have found a link between social isolation and cognitive decline such as dementia (Crooks, Lubben, Petitti, Little, & Chiu, 2008; Ertel, Glymour, Berkman, 2008; Maki et al., 2013). In the end, young people's feelings of isolation might cause them to behave in ways that put them and others at risk. Many teenage mass murderers, after their murders, were described as the outcome of social isolation, giving credence to this concept (Levin & Madfis, 2009). The social work practice has both a responsibility and an opportunity to address the problem of isolation and societal exclusion. Social workers are particularly qualified to interact with fluid structures and produce studies that can cross boundaries. This is necessary to comprehend the causes of social isolation and develop strategies to address it.

The Idea of Social Development

Social Development has arisen in the last half century as a distinct field of study and actual action, even though there is no understanding of what it involves. A broad range of topics can be discussed under the umbrella term "social development." Social development may have its beginnings in popular uprisings, but it has since developed to impact global policy and practice. Several experts have used this statement in their respective areas. The core of any discussion regarding developmental studies is the concept of social development, which is studied at length by sociologists, social workers, and specialists in social policy (Midgley, 2014). Non-economic outcomes and processes often linked to social development include reduced vulnerability, increased inclusion, enhanced well-being, greater accountability, people-centered methods, and the lack of violence (Davis, G, 2004). The early years of a child are important for his or her future social development (Martindale, Ilan, & Schaffer, 2013). A person's "social growth" can be evaluated by watching how they behave in social situations. The cognitive approach refers to thinking and behaving in social situations that foster individuality (Schaffer, 1996). It is possible to divide the concept of social development into three parts conceptually: (1) the initial social condition, (2) the improvement process, and (3) the desirable outcome.

The Significance of Social Change

Since Change is the sole constant, it stands to reason that society would undergo significant transformations over time. Lefleur and co-authors define social change as "shift patterns in the framework of the social formation of particular groups within a society or maybe of the society itself" (Anele 1999). It is possible to observe a shift in society whenever there is an anomaly in any aspect of daily life due to changes in the natural environment, the development of new technology, the make-up of the people, or the entrance of novel ideas and activities. The places we frequent are ever-evolving hubs of activity. Changes occur naturally as an outcome of the procedure. It is to be expected that people will have different points of view. According to Jones's broad definition, "social change" includes transformations in "any component of social processes, social patterns, human connections, or social systems. "A good general rule is to believe that everything on Planet is always changing. One way to get to the heart of what "change" means is to consider everything that deviates from the norm. We can view transformation through material, time, and various lenses. In simple terms, personal relationships are impacted by broader societal shifts. Due to how rapidly contemporary society develops, many people now engage in activities that were once frowned upon.

Exploring the Role of Social Participation

Social Participation refers to a person's level of participation in and dedication to society and the relationships they maintain continuously. Social events are a great way to meet new people and expand your social contacts. To have a voice and affect policy decisions. Only by active participation in society may people develop the mutual trust required to carry out their civic and social responsibilities. As people learn and develop through their relationships with others, it is generally agreed that social participation is a precondition for personal development (Bedell GM & Dumas HM, 2004). When applied to the people, social participation refers to staying actively involved in one's community through pursuits such as sports, the arts, and religious observances. Friends, relatives, colleagues, and other personal contacts make up a person's social network, and they all play a significant part in that person's well-being and success. Participation in societies whose people share the same ideals and understanding of history helps strengthen the bonds of friendship and family.

The Perception of Social Integration

In this study, we will compare and contrast various current ideas on Social Integration to see which ones work best. A person's sense of belonging to a group greatly impacts their level of contentment. This study aims to answer the question of whether or not relocating to a new place improves one's quality of life. We evaluate each system's dependability using four standard indicators. Getting to know one's neighbours is a good idea. We move on to consider people's links to their communities and nations. Third, how well someone fits into society depends greatly on how long they have been there. Finally, we explore the effects of trust between neighbours on interpersonal interactions (Appau, S., Churchill, S. A., & Farrell, L., 2019). Social integration is all about promoting the principles, norms, and institutions that allow all members of a society to take part in its economic, cultural, and political life with the same degree of freedom, respect, and dignity. Community outreach involves joint work to guarantee that all members of society, irrespective of their socioeconomic status, have safe and secure living conditions, their voices are heard, and they are allowed to contribute significantly to their society.

The Context of Social Inclusion

National ideas of Social Inclusion frequently overlook the reality of social inequality inside a country, instead blaming them on a lack of commitment to national standards and principles. Internal differences encourage diverse perspectives on SI, which identity and even welcome the differences that constrain social contact and common aims to select realms of society (Taylor, 1992 and Kymlicka, 2010). The definitions of social justice vary, but they all aim to ensure that people who have been discriminated against whom they are treated with the same respect and dignity as everyone else (World Bank, 2013). By increasing people's access to resources, raising their voices, and protecting their most fundamental rights, SI ensures that people from all walks of life can fully participate in society. The goal of SI is to help those disadvantaged economically, socially, politically, or culturally achieve the same opportunities and living conditions as other members of society so they can break free from poverty and social exclusion. It protects their right to enjoy fundamental freedoms and offers them a greater role in policies that affect their daily life (Commission of the European Communities, 2003). We say that SI has succeeded when individuals from various backgrounds work together. Making decisions that benefit people's lives requires input from all parts of society, which asks for a holistic perspective.

The Creation of an Inclusive Society

An Inclusive Society is a society in which all individuals are afforded the same rights and responsibilities regardless of their demographic's characteristics, including race, gender, socioeconomic status, or geographical area (Ferguson, C,2008). An "Inclusive Society" is "a community for everyone, in which every member, each with rights and obligations, plays an active participation," as defined by the World Summit on Social Development (Copenhagen 1995). Human rights, religious diversity, social justice, serving the needs of society's most vulnerable members of society, civic participation, the rule of law, and the authority of the law are all things that IS should work to advance. Social policies that reduce inequality and encourage the growth of adaptable, tolerant communities are key to fostering equality. An IS a community where people of many backgrounds (ethnicity, gender, socioeconomic status, age, and location) work together to ensure that everyone is included and respected. As an outcome of its welcoming nature, society is more stable and prepared to adjust to new conditions. First, we will explain what an IS is and why it is so important to have one in place so that you can grasp the concepts of SI with comfort.

Conclusion

As an outcome of SE, fewer individuals can break out of poverty by finding and keeping a work, earning enough to live comfortably, gaining an education, and contributing to society. An innovative concept, SE has its roots at the crossroads of social isolation and financial deprivation. People require a social network of mutually beneficial exchanges built on trust and courtesy to function effectively as a community. It is only possible to have a clear discussion about SI and SE simultaneously with conflating the two ideas. On this spectrum, both social isolation and group participation are represented by extremes. Creativity rises as an outcome of more in-depth problem-solving, the generation of new ideas, and the sharing of different perspectives made possible by SI's open environment. Building a warm and inviting space takes effort. Understanding that inclusion is not a value-free idea is fundamental since it requires a power shift within the inclusive society.

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