

COVID-19; SOCIAL DISTANCING & TRANSPOSE IN WORKING APPROACH: AN OVERVIEW

Dr. Asha Rathi*
Ms. Trapti Asava**

ABSTRACT

Since December 2019; as we know that the whole world is suffering from COVID-19 till now. Due to COVID-19 effect, the whole world scenario has been changed. Whether it's related to Economic Crisis, Health Crisis; Educational Crisis to fight against COVID -19. Social Distancing is required and as an initial step, the Central Government announces to practice work from home rather than going to offices, schools, colleges. Only Doctors, Police, and bankers have allowed to do their work from their workplace. In this article, we are going to highlight the impact of work from home in overall aspects both positive and negative aspects.



Source: <https://living.aahs.org/wp-content/uploads/blog-Social-Distancing-Family-Dinner-For-AAMC.jpg> has retrieved on 3 April, 2021

Keywords: COVID -19, Isolation Ward, Home Quarantine, Social Distancing, Educational Crisis.

Introduction

Coronaviruses are important human and animal pathogens. At the end of the year 2019, A novel virus was detected as the cause of a cluster of pneumonia cases in Wuhan known as coronavirus, Wuhan is a city in China. It spread rapidly, resulting in an epidemic throughout China, followed by an enhancing number of cases in other countries throughout the world. There are three terms that are using for the spreads of a disease, which are as follows:

In the case of suspected or confirmed coronavirus patients, people have been isolated or have been asked to self-quarantine. It is highly needed for all to strictly follow the same.

“Isolation Ward”

According to this group, Isolation Wards in Hospitals are for patients showing serious symptoms could be considered as long as Doctors and Nurses are able to provide proper care, and adequate distancing measures can be enforced.

* Assistant Professor, Department of Business Administration, Faculty of Commerce and Management Studies, Jai Narain Vyas University, Jodhpur, Rajasthan, India.

** Research Scholar, Department of Business Administration, Faculty of Commerce and Management Studies, Jai Narain Vyas University, Jodhpur, Rajasthan, India.



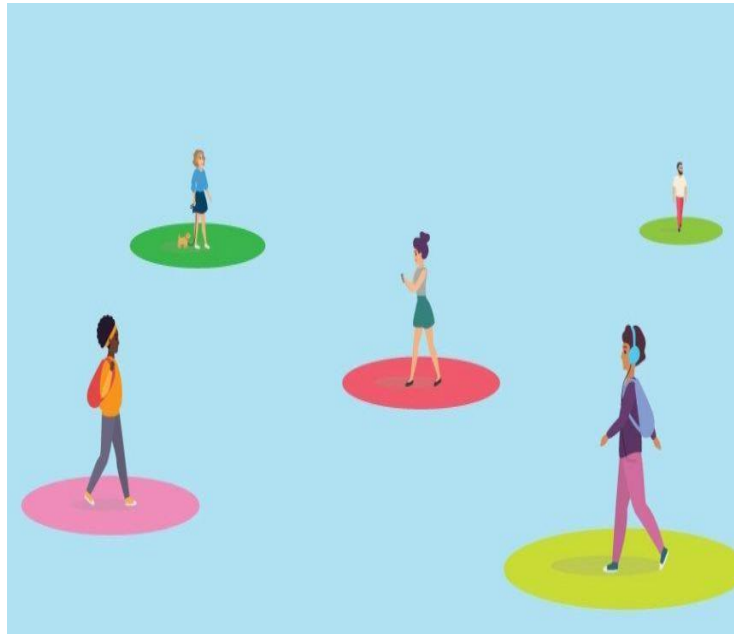
(Source: <https://economictimes.indiatimes.com/news/politics-and-nation/people-want-to-forget-march-1-2020-but-it-is-seared-into-my-memory-delhis-1st-covid-19-patient/articleshow/81292999.cms> retrieved on 3 April, 2021)

“Home Quarantine”

According to this group, home quarantine for patients showing few symptoms could be considered as long as family members are able to provide proper take care, and adequate distancing measures can be enforced.

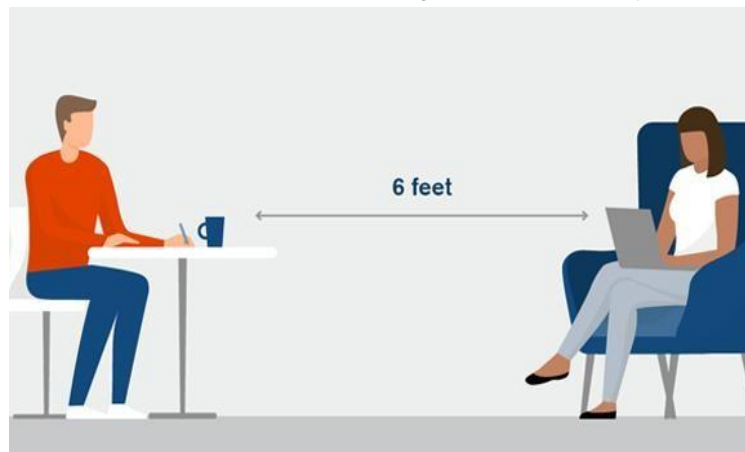


(Source: <https://economictimes.indiatimes.com/industry/healthcare/biotech/healthcare/home-quarantine-of-mild-cases-on-the-cards/articleshow/75148083.cms?from=mdr> retrieved on 3 April, 2021)

'Social Distancing'

(Source: <https://healthtalk.unchealthcare.org/what-is-social-distancing-and-why-is-it-important/> retrieved on 3 April, 2021)

COVID-19 spreads mostly among people who are in contact (within about 6 feet) for a prolonged period. It may be possible that a person can get covid-19 positive test by touching a surface or object that has the virus on the surface and then touching their own mouth, eyes, or nose.



(Source: <https://www.houstonmethodist.org/blog/articles/2020/mar/social-distancing-why-you-should-take-it-seriously-during-the-covid-19-outbreak/> retrieved on 3 April, 2021)

Social distancing leads to limits contact with infected people and contaminated surfaces. It is required to stay at a distance from others when possible even if you have no symptoms. Social distancing is especially required for people who are at higher risk of getting very sick due to low immunity system, heart disease, diabetes, etc.

Research Objective

This research article has the following research objectives to achieve:

- Highlights the impact of COVID-19 on working patterns.
- Highlights the Positive and Negative impact of work from home.
- Highlights the difference between work from the office and work from home.

Covid-19 & Changing Working Practices

HR stands for human resources. Human resources represent the "People at work". It is the field of human behaviour in which managers manage human resources.

Appley says,

"Management is personnel administration." He further writes,

A manager does not deal with money, materials, and men. He deals with materials and money through men. As we are well known by the phrase, "Precaution is Better Than Cure". In a country of a billion-plus, social distancing is either a curse or a necessity. This pandemic seems like a curse for the casteless and shelterless pre-corona period, during, and post-corona period, the necessity for those who cannot afford it during the pandemic.

By social distancing, we can fight against covid-19 in the best possible way. As it has happened during the financial year ending that in March 2020. Which is an important month for the economy of the country as well as for each and every field whether it's related to MNC's, Insurance, Banks, Schools, Colleges, Indian Institution for national level examinations.

Positive Aspect of Work from Home

There are the following positive effects of using work from home:

- In order to support the government to fight against COVID-19.
- Social distancing is possible by only work from home.
- In such a financial year ending duration, people are relaxed due to having time for own self and with their family which is quite impossible for those who are in the private sector like banking/insurance/schools.
- The more use of work from home, people who are not aware of different applications are now trying to learn the different applications use.
- Work from home save time (travel time), which can be used for learning and exploring own talent by different ways as so many new youtube online classes available for exams, cooking, drawing, etc.

Negative Aspect of Work from Home

There are the following negative effects of using work from home:

- As we all know, all work is not possible to carry out from work at home.
- Due to the quarantine period, continued having the same environment of work cause the working ability decline due to become lazy at home as we are with our family.
- Constant work from homecoming mental illness as all is isolated
 - Frustration
 - Stress
 - Anxiety
 - Attempts to avoid coronavirus can increase the risk of physical and emotional harm from limited social contact.



(Source: <https://www.nytimes.com/2020/03/23/well/family/coronavirus-loneliness-isolation-social-distancing-elderly.html> has retrieved on 3 April, 2021)

We, humans, are wired for connection that can mark the damaging biological effects of stress and anxiety. Yet, face-to-face contact kind of relationships has already been undermined by electronic “conversations” i.e. Mobiles/Social Media Applications during which human needs and feelings are less honestly conveyed by one another. We may talk more to one another’s as answering machines than we do to each other.

We, after all, evolved as a species that blooms on human connections and each other’s cooperation. Put all of these on hold and there’s an integral price to pay. And it’s not just the elderly people who are likely to pay it, though many older people were already missing meaningful human contact long before the coronavirus hit. The negative effects of loneliness on health are not restricted to any age or ethnic group. Any one of us can suffer the consequences of it like Anxiety, frustration, etc.

“Overview about Work from Office” Vs. “Overview about Work from Home” [I] “Overview About Work from Office”

Systematic and organized work is carried out.

Less technology used, when work from office (Like classroom teaching, personal meeting with clients)

Time consuming as travel time includes.

Social distancing is not



(Source : <https://www.durian.in/blog/help-team-adapt-social-distancing-office/> has retrieved on 3 April, 2021)

[II] “ Overview About Work from Home”

It's quite unorganized work practice.

It's time

More technology used during work from home; (Video Conferencing / Online Class)

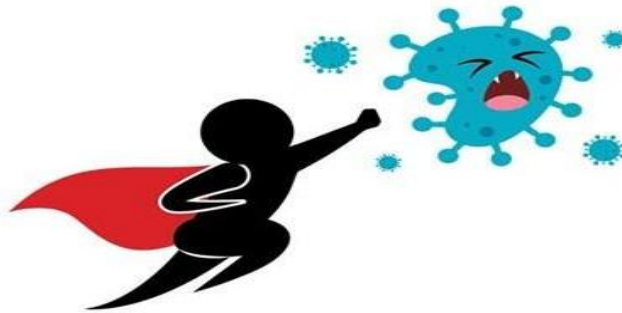
It makes social distancing possible.



(Source: <https://www.medaviebc.ca/en/living-well-hub/posts/staying-connected-while-social-distancing> has retrieved on 3 April, 2021)

Conclusions

After all the above discussion, we can say the COVID-19 period, taught us a huge lesson and the importance of technology to stay connected with work and people even from stay at home. It makes people aware of family, technology advancement and opens doors to thinking about more innovation to work from home in a smooth way and explore the new scope for technology advancement. Even after having so many negative points like Anxiety, Stress of work from home practice, the COVID -19 period taught us the huge importance of work from home as it helps to cut the cost, save time and prepare us to get ready to face such kind of situation in the future with courage. An enemy for the entire world – Corona Virus – is challenging human existence. COVID-19 is a lively crisis and illiberal attitudes anywhere will not work. We will require co- operation and a Collective approach of Responsibility from every social groups to fight against such Corona Crisis.



(Source:<https://www.hopkinsmedicine.org/health/conditions-and-diseases/coronavirus/coronavirus-in-babies-and-children> has retrieved on 3 April, 2021)

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