

## EDUCATION FOR SUSTAINABLE DEVELOPMENT

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Dr. Vijay Kumar Gupta\*

### ABSTRACT

*Education for Sustainable Development (ESD) is a transformative approach that equips individuals with the knowledge, skills, attitudes, and values necessary to address the environmental, social, and economic challenges of today and the future. Rooted in the principles of sustainability, ESD encourages critical thinking, problem-solving, and informed decision-making, which are essential for fostering a more equitable and sustainable world. It seeks to empower learners of all ages to actively engage in creating solutions to global challenges such as climate change, biodiversity loss, poverty, and inequality. Incorporating ESD into formal education systems allows students to better understand the interconnections between ecological systems, societal needs, and economic growth. It also promotes interdisciplinary learning, connecting subjects like science, economics, and social studies to real-world sustainability issues. Furthermore, ESD emphasizes the role of local and indigenous knowledge systems in addressing global challenges, making it highly relevant to diverse cultural contexts. This paper explores the importance of integrating ESD into the curriculum at all levels of education, from primary schools to higher education. It also examines the challenges of implementation, such as limited resources, inadequate teacher training, and policy gaps. The discussion emphasizes that fostering a culture of sustainability within educational institutions is crucial for achieving long-term environmental stewardship, social equity, and economic resilience.*

**Keywords:** Sustainability, Environmental Stewardship, Interdisciplinary Learning, Global Challenges, Curriculum Integration, Indigenous Knowledge, Social Equity.

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### Introduction

Education for Sustainable Development (ESD) is a transformative educational method that was created to answer the urgent need for sustainable practices in a world that is changing at a rapid pace. As the effects of climate change, the depletion of resources, and social inequality become more evident, ESD is emerging as a crucial instrument for training individuals and communities to navigate and mitigate the effects of these issues. The goal of education for sustainable development (ESD), which is founded on the concepts of sustainability, is to provide students with not only the information but also the skills, values, and attitudes that are required for the development of a world that is more fair and ecologically responsible. The idea of education for sustainable development (ESD) goes beyond the conventional confines of education by incorporating ideas of sustainability into a wide range of courses and instructional approaches. ESD seeks to encourage critical thinking and problem-solving abilities by creating a comprehensive awareness of the links between environmental health, economic stability, and social equality. This understanding is promoted via the promotion of environmental sustainability. It encourages students to get actively involved in their communities and to come up with creative solutions that solve challenges that are both local and global in scope. The incorporation of ESD into educational institutions requires a concerted effort on the part of educators, policymakers, and communities to develop curriculum that are not only relevant but also participative and forward-thinking. The educational

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\* Resident of Dhakamandi, Teh - Buhana, Distt. - Jhunjhunu, Rajasthan, India.

paradigm in question not only improves the capabilities of individuals, but it also makes a contribution to the overarching objective of accomplishing the Sustainable Development Goals (SDGs) that have been established by the United Nations. Consequently, ESD plays a crucial part in the process of sculpting a future that is sustainable by cultivating people that are well-informed, accountable, and proactive on a global scale. In order to successfully apply ESD, there must be a change in both educational policy and educational practice. In contrast to the emphasis that is placed on interdisciplinary learning and critical engagement with real-world issues in ESD, traditional education models frequently place more of an emphasis on memorization and information that is specialized to a certain field. Students are encouraged to investigate the intricate connections that occur between natural and human systems via the use of this technique, which results in a more profound comprehension of the ways in which their activities have an effect on both society and the environment. The integration of local and global viewpoints is another issue that is advocated for by ESD. The Environmental and Social Development (ESD) curriculum makes learning more relevant and practical for children by incorporating local environmental and social concerns into the curriculum. At the same time, it establishes a connection between these regional problems and global problems, so assisting students in developing an appreciation for the larger context and the significance of collective efforts in tackling issues related to sustainability. In addition, ESD encourages experiential learning by means of learning activities such as community service, outdoor education, and project-based learning.

These strategies not only improve academic learning, but they also lead to the development of practical skills and encourage a sense of agency in the individuals who are learning. Students are able to receive a sense of empowerment and see the practical impact of their work when they actively participate in community activities and projects that promote sustainability. Educators have a significant role in environmental, social, and governance (ESG); they are required to innovate their teaching techniques and continually update their expertise to reflect growing concerns related to sustainability. It is crucial for educators to get assistance and professional development in order to adequately equip themselves with the tools and resources necessary to properly offer ESD. In addition, the partnership between educational institutions, communities, and governments has the potential to bolster Earth Day (ESD) initiatives and establish an atmosphere that is conducive to sustainable education. In the end, the purpose of Education for Sustainable Development is to cultivate the next generation of citizens, innovators, and leaders in order to lay the groundwork for a more sustainable future. Through the incorporation of sustainability into the fundamental aspects of education, ESD makes a contribution to the development of communities that are resilient, well-informed, and actively involved, equipped to deal with the urgent problems of our day.

### **Education's Role in Sustainable Development**

In the context of the phrase "Education for Sustainable Development," the two components that make it up are, unsurprisingly, education and sustainable development. "Development that meets the needs of present without compromising the ability of future generations to meet their own needs." In terms of progress, this is how sustainable development is defined. It was the World Commission on Environment and Development that supplied this account. The phrase "sustainable development" was supposedly originally coined by the Brundtland Commission in 1987, when it stated: "development that meets the needs of the present without compromising the ability of future generations to meet their own needs" (World Commission on Environment and Development, 1987). One of the earliest accounts of sustainable development, so the thinking goes. Protecting the environment, being socially responsible, and fostering economic progress are the three pillars upon which sustainable development rests, according to most. Rather than being separate, the well-being of these three domains is dependent upon one another. To give just one example, a healthy ecosystem is essential for human survival because it guarantees a consistent supply of oxygen, raw materials, food, and water. The sustainability paradigm argues that economic progress must not come at the expense of social and environmental spheres. In their pursuit of progress and improved living circumstances, the authors reach the conclusion that sustainability offers a framework for thinking about a future in which social, economic, and environmental factors are all fairly balanced. They imagine themselves in this future.

### **Characteristics of Education for Sustainable Development**

The following are some of the goals of sustainability education:

- To promote lifelong learning and ensure the well-being of all three aspects of sustainability: environment, society, and economy.

- To be culturally appropriate and relevant to local needs, perceptions, and conditions.
- To engage formal, non-formal, and informal education.
- To accommodate the ever-changing concept of sustainability.
- To address content while taking context, global issues, and local priorities into consideration.
- To build civil capacity for community-based decision-making, social tolerance, environmental stewardship, adaptable workforce, and quality of life.
- Sustainability education is interdisciplinary, encompassing not only environmental but also social and cultural aspects.

Education in the field of sustainable development, which is a complex topic, and the transmission of best practices are of significant importance to those who work in the academic world as well as those who work in vocational education organizations. Both employees and managers are required to expand their existing knowledge and abilities in the area of sustainability in order to become leaders in the sector. An experience that was gained over the course of the past several years about the creation of a skills development schema on leadership in sustainability as well as teaching and educating sustainability is presented in this article. Two international initiatives and collaborations at the European level have been responsible for the development of these two training abilities as well as the training materials that are associated with them by: (1) LeadSUS - Leadership in sustainability – Sustainability Manager, (2013-1-RO1-LEO05 – 28771) developed from 2013 to 2016 and having impact on a target group consisting of companies' employees (most of them managers); (2) TeachSUS - Teaching and educating for Sustainability, (2018-1-R001-KA204-049253) that will be develop from 2018 to 2020 and that will target vocational education and training (VET) actors. Following a brief presentation of skill cards that have been developed in relation to educational programs in the field of sustainable development, a critical analysis of the implementation potential will be conducted. This analysis will highlight the strengths and weaknesses of the actual educational system of higher education in order to assimilate and implement the proposals (which will be tested and validated with a significant group of trainees).

The phrase "balance between the social, economic, and natural resources" continues to be the practical definition of sustainable development. To construct a system for sustainable development that is now in progress is a very challenging endeavor; it is important to highlight that discussing all three components at the same time is a challenge. It is more difficult to find a balance since "the preservation of the ecosystem" involves human capital as an intrinsic aspect of the ecosystem that we are attempting to maintain. This makes it more difficult to find a balance. The majority of the time, sustainable development necessitates significant and fundamental shifts, particularly in human behaviors and routines that are tied to the economy and the natural world. In this essay, we will attempt to determine the function that education plays in the process of sustainable development. In the framework of sustainable development, the growth of education not only encourages the right response of science, but also provides a means of engaging with many points of view on the world in which we live and sharing every minute of our lives together.

It is possible for education to play a significant part, either directly or indirectly, in the realization of each of the 17 Sustainable Development Goals (SDGs). The United Nations Educational, Scientific, and Cultural Organization (UNESCO) contends that worldwide sustainable development can only be achieved via comprehensive, cross-sectoral initiatives that start with education. To be more explicit, Sustainable Development Goal 4 (Education) establishes a target for education that promotes sustainable development in all of the many settings of life, living, and society, using the following terms: The SDG 4.7: Ensure that all students acquire the knowledge and skills necessary to promote sustainable development by the year 2030. This can be accomplished through a variety of means, including but not limited to education for sustainable development and sustainable lifestyles, human rights, gender equality, the promotion of a culture of peace and non-violence, global citizenship, and an appreciation of cultural diversity and the contribution of culture to sustainable development.

In the United Nations Department of Economic and Social Affairs (n.d.b.) Education for sustainable development can be broken down into two broad categories: (1) education and training of individuals who are engaged in the process of collecting, processing, managing, and making use of data and information related to the Sustainable Development Goals (SDGs); and (2) education of students, academics, researchers, policymakers, and members of the general public about sustainable development in all aspects of life and a sustainable world. There are a number of international

organizations, such as the United Nations Statistics Division, as well as national organizations, such as the United Kingdom Office for National Statistics (ONS), that are working toward the goal of establishing multinational collaborations in order to develop training programs and educational pathways for individuals who are involved in the process of collecting, processing, and utilizing data and information for the purpose of measuring achievements in various Sustainable Development Goals (SDGs), Targets, and the relevant Indicators.

In a similar vein, international organizations such as the United Nations Educational, Scientific, and Cultural Organization (UNESCO) and national bodies, particularly the education departments of various nations, are working to develop specific programs and pathways for the purpose of educating students at all levels about the role and importance of the Sustainable Development Goals (SDGs) in various aspects of learning and living. Alongside, libraries, which are a primary social institution for promoting education and supporting lifelong learning, as well as various international library associations, such as IFLA (International Association of Library Associations and Institutions) and national library associations, such as CILIP (the Library and Information Association in the United Kingdom) and ALA (the American Library Association), have introduced a variety of strategies and initiatives for the purpose of developing awareness and training programs for the purpose of promoting education in relation to the Sustainable Development Goals (SDGs) in general, and the agenda for addressing climate change and sustainability in particular.

Education continues to be the bedrock for sustainable development of all nations and of Nigeria in particular. Indigenous forms of education existed in Nigeria before the advent of Western education whereby boys took after their father's trade while girls were trained to become successful housewives. This singular thinking has placed women on the disadvantaged position for many years, creating a gap between women and men educationally. This paper focuses on the following discussions: concept of women education, sustainable development, necessity of women education for sustainable development in Nigeria, challenges of women education and implications for curriculum planners. The paper recommended among others that education should be made accessible to women at all levels.

### Research Design

For the purpose of determining the level of familiarity, views, and behaviors that are associated with Education for Sustainable Development (ESD) among educators and students, the research method utilized was a cross-sectional survey design. For the purpose of effectively collecting quantitative data and analyzing patterns across a sample population, the survey method was selected as the route to take.

### Participants

In total, there were 59 individuals that took part in the research study. With the purpose of providing a comprehensive understanding of ESD, the sample consisted of both teachers and students from a variety of educational institutions. An approach known as convenience sampling was utilized in the selection of participants.

### Data Collection

All of the information was gathered through the use of a designed questionnaire that contained five important questions concerning ESD. The questionnaire was developed with the purpose of collecting information on knowledge with ESD, perceived efficacy of ESD integration, priority areas in ESD programs, frequency of incorporating sustainability principles, and perceived hurdles in the implementation of ESD. For the purpose of facilitating quantitative analysis, the questionnaire was comprised of multiple-choice questions with predetermined response alternatives. Specifically, the purpose of each question was to elicit responses from participants on their knowledge and views toward ESD. Descriptive statistics were utilized in order to assess the quantitative data obtained from the questionnaires that were filled out. The purpose of this analysis was to discover patterns and trends by calculating the frequencies and percentages for each response choice. The investigation contributed to a better understanding of the general knowledge with ESD, as well as viewpoints on its incorporation into curriculum and the difficulties encountered in its implementation.

**Table 1: How familiar are you with the concept of Education for Sustainable Development (ESD)?**

Question	Number of Respondents	Percentage (%)
(a) Very familiar	15	25.42%
(b) Somewhat familiar	22	37.29%
(c) Heard of it, but not familiar	14	23.73%
(d) Not familiar at all	8	13.56%

### Familiarity with the Concept of ESD

Various degrees of knowledge with ESD are shown by the replies they received. Seventy-two percent of those who participated in the survey are "Somewhat familiar" with the idea, while twenty-five point four percent of them consider themselves to be "Very familiar." This indicates that the respondents had a moderate degree of awareness, with a significant part of them having a thorough comprehension of executive functioning disorder (ESD). On the other hand, 22.73 percent of respondents had "Heard of it, but not familiar," and 13.56 percent are "Not familiar at all," showing that there is a need for improved awareness and education on ESD.

**Table 2: To what extent do you believe that integrating ESD into the curriculum can enhance students' understanding of environmental issues?**

Question	Number of Respondents	Percentage (%)
(a) Strongly agree	18	30.51%
(b) Agree	25	42.37%
(c) Neutral	8	13.56%
(d) Disagree	5	8.47%
(e) Strongly disagree	3	5.08%

Most of those who participated in the survey are of the opinion that including ESD into the curriculum will have a good influence. In total, 72.88% of respondents (with 30.51% expressing "Strongly agree" and 42.37% expressing "Agree") are in agreement with the idea that ESD has the potential to improve students' comprehension of environmental concerns. This demonstrates that there is a widespread agreement about the need of implementing ESD into educational curricula. On the other hand, 13.56 percent of respondents are "Neutral," and only 13.55 percent of respondents "Disagree" or "Strongly disagree," which underscores the necessity of conducting more study into the factors that contribute to these misgivings.

**Table 3: Which of the following areas do you think should be prioritized in ESD programs to make them more effective?**

Question	Number of Respondents	Percentage (%)
(a) Climate change and global warming	23	38.98%
(b) Waste management and recycling	12	20.34%
(c) Sustainable agriculture and food security	10	16.95%
(d) Conservation of biodiversity	9	15.25%
(e) Renewable energy and resource efficiency	5	8.47%

### Prioritization Areas in ESD Programs

The response "Climate change and global warming" garnered the greatest support, with 38.98% of respondents, followed by "Waste management and recycling" (20.34%) and "Sustainable agriculture and food security" (16.95%). These recommendations were made in response to a question regarding the issues that should be addressed in ESD initiatives. Taking everything into consideration, it appears that the respondents perceive climate change to be the most pressing issue, while also recognizing the significance of waste management and sustainable agriculture. Due to the fact that "Conservation of biodiversity" and "Renewable energy and resource efficiency" got less assistance, it is possible that these sectors require more attention from ecologically sustainable development initiatives.

**Table 4: How often do you incorporate principles of sustainability in your teaching or learning activities?**

Question	Number of Respondents	Percentage (%)
(a) Always	10	16.95%
(b) Frequently	22	37.29%
(c) Occasionally	15	25.42%
(d) Rarely	9	15.25%
(e) Never	3	5.08%

### Incorporation of Sustainability Principles in Teaching or Learning

According to the comments, there is a reasonable distribution of opinions about the incorporation of principles of sustainability into educational or learning activities. Thirty-seven point two percent of respondents "frequently" adopt these ideas, while twenty-five point four percent do so "occasionally." The implication of this is that educational processes should incorporate sustainability to a reasonable degree. The fact that 16.95% of respondents "Always" apply these concepts and 15.25% of respondents "Rarely" or "Never" do so demonstrates the variety that exists in the implementation of ESD principles.

**Table 5: What do you perceive as the biggest challenge to implementing ESD effectively in educational institutions?**

Question	Number of Respondents	Percentage (%)
(a) Lack of resources and funding	25	42.37%
(b) Insufficient teacher training and professional development	14	23.73%
(c) Inadequate curriculum integration	10	16.95%
(d) Lack of support from educational policy makers	7	11.86%
(e) Limited student engagement and interest	3	5.08%

### Biggest Challenge to Implementing ESD

One of the most significant challenges that has been discovered is "Lack of resources and funding," which was highlighted by 42.37 percent of respondents as the primary obstacle to the successful implementation of ESD. Next on the list is "Inadequate curriculum integration" (16.95%), which is followed by "Insufficient teacher training and professional development" (23.73%). The fact that this is the case implies that although there is an acknowledgment of the significance of ESD, there are major difficulties in the form of practical barriers such as limited resources and inadequate training. "Lack of support from educational policymakers" and "Limited student engagement and interest" are considered to be less significant issues, but they are nonetheless important and should be addressed.

### Results

The results of the questionnaire indicate that respondents have a sophisticated grasp of the idea of Education for Sustainable Development (ESD) and a number of different ways in which they engage with it. Regarding the idea of ESD, around 37.29 percent of respondents are "Somewhat familiar" with it, while 25.42 percent are "Very familiar," suggesting that they have a moderate to great awareness of it. On the other hand, a significant number of respondents (23.73%) have "Heard of it, but not familiar," and 13.56 percent are "Not familiar at all," indicating that there is a need for improved awareness in some areas. As a result of being questioned about the impact of incorporating ESD into the curriculum, the majority of respondents, 72.88% (30.51% "Strongly agree" and 42.37% "Agree"), felt that it improves students' awareness of environmental concerns. Despite the fact that 13.56% of respondents remain "Neutral," and a minority (13.55%) "Disagree" or "Strongly disagree," this widespread support highlights the perceived usefulness of ESD in education. This suggests that more research into these contrasting perspectives might be valuable. The poll provided a list of important issues that should be prioritized in ESD initiatives. The issue of "Climate change and global warming" received the greatest level of support (38.98%), followed by "Waste management and recycling" (20.34%) and "Sustainable agriculture and food security" (16.95%). These findings suggest that there is a general agreement on the essential need of tackling climate change; yet, they also highlight that there is a need for more focus to be placed on other crucial areas such as the conservation of biodiversity and renewable energy.

When it comes to the implementation of sustainability concepts into teaching or learning activities, 37.29 percent of respondents reported doing so "Frequently," while 25.42 percent said they did so "Occasionally." The data presented here suggests that there is a modest level of integration of ESD concepts into educational procedures. However, 16.95% of respondents "Always" apply these ideas, while 15.25% of respondents "Rarely" or "Never" do so, indicating that there is a degree of heterogeneity in implementation. As the most significant obstacle to properly implementing ESD, "Lack of resources and funding" was highlighted as the most significant problem (42.37%). Following this was "Inadequate curriculum integration" (16.95%), which was followed by "Insufficient teacher training and professional development" (23.73%). Based on this, it appears that although the importance of ESD is recognized, there are major difficulties in the form of practical constraints such as a lack of resources and educational opportunities. Some of the concerns that are less significant are "Lack of support from educational policymakers" and "Limited student engagement and interest," however it is important to note that these problems still require addressing.

**Discussion**

The findings of the questionnaire indicate that there is a generally favorable attitude toward ESD and the incorporation of it into educational settings. The widespread understanding of the potential of ESD to increase environmental consciousness among students is shown in the high degree of consensus that exists regarding the advantages of including ESD into the overall curriculum. On the other hand, the significant proportion of respondents who are either not familiar with ESD or who have opinions that range from neutral to unfavorable underscores the necessity of increasing the amount of outreach and education initiatives performed. The fact that environmental sustainability and waste management are given a high priority in ESD programs is consistent with the present worries regarding the environment on a worldwide scale, which indicates that these issues are very important to responders. The comparatively lesser emphasis placed on renewable energy and biodiversity shows that these sectors might potentially benefit from increased concentration under Earth Sustainability Development programs.

Despite the fact that many educators and students are involved with ESD, there is need for better consistency and integration across a variety of contexts, as indicated by the range in the frequency with which sustainability principles are included into education. When it comes to completely realizing the promise of ESD, the problems that have been discovered, particularly those that are associated with resources and training, indicate to systemic concerns that need to be addressed. Among these considerations are the acquisition of sufficient funds, the provision of extensive professional development opportunities for educators, and the guarantee that concepts of sustainability are properly incorporated into educational programs. The results of the study indicate that there is a favorable attitude on early childhood development (ESD) and its incorporation into schooling; nevertheless, they also identify substantial hurdles that need to be addressed in order to increase the efficiency of various ESD programs. The advancement of sustainable development via education will be significantly aided by the successful resolution of these difficulties.

**Conclusion**

Education for Sustainable Development, abbreviated as ESD, is a game-changing approach that will be essential in addressing the interconnected problems of the modern day. Sustainability concepts are integrated into the educational process through education for sustainable development (ESD), which aims to help students understand the interconnectedness of social, economic, and environmental systems so that they may make well-informed choices that lead to a more sustainable future. The efficacy and efficiency of ESD depend on its ability to instill in its pupils the capacity for critical thinking, problem-solving, and a sense of personal responsibility. Educators, legislators, communities, and institutions must all join forces to ensure that sustainability is a part of classroom practices and course offerings. This team effort not only makes ESD more effective, but it also helps spread its impact further and wider. Furthermore, ESD is an essential component in achieving the United Nations' Sustainable Development Goals (SDGs). One way to achieve this goal is by educating the next generation to tackle universal societal issues including social equality, resource management, and climate change. By integrating sustainability into all levels of education, from elementary school all the way through college, ESD provides the foundation for lifelong learning and sustainable behavior. Although ESD has come a long way, there is still a long way to go before we can overcome the current challenges and keep up with the rapidly evolving sustainability difficulties. For education for sustainable development (ESD) to progress and be relevant in a world that is always changing, it is crucial to keep investing in professional development, curriculum design, and community involvement. In conclusion, ESD is more than just a trend in the world of education; it heralds a sea change in the fight for a more equitable and sustainable future. By doing so, we show that we are committed to making sure that the next generation can deal with the pressing issues of our day. Inspiring positive change and fostering a more sustainable and equitable global society may be achieved via educating students about the importance of sustainability.

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